
I am beloved/dearly loved

- For God so loved the world that he gave His one and only Son, that whoever believes in Him shall not perish but have eternal life. (John 3:16)
- But God demonstrates his own love for us in this: While we were still sinners, Christ died for us. (Romans 5:8)
- The Lord appeared to us in the past, saying: “I have loved you with an everlasting love; I have drawn you with unfailing kindness.” (Jeremiah 31:3)

I am blessed

- And from his fullness we have all received, grace upon grace. (John 1:16)
- Blessed be the God and Father of our Lord Jesus Christ, who has blessed us in Christ with every spiritual blessing in the heavenly places. (Ephesians 1:3)
- So those who rely on faith are blessed along with Abraham, the man of faith. (Galatians 3:9)

I am created in His image

- So God created mankind in His own image, in the image of God He created them; male and female He created them. (Genesis 1:27)

I am a child of God

- See what great love the Father has lavished on us, that we should be called children of God! And that is what we are! The reason the world does not know us is that it did not know Him. Dear friends, now we are children of God, and what we will be has not yet been made known. But we know that when Christ appears, we shall be like Him, for we shall see Him as he is. (1 John 3:1-2)
- Yet to all who did receive him, to those who believed in his name, he gave the right to become children of God – children born not of natural descent, nor of human decision or a husband’s will, but born of God. (John 1:12-13)

I am a light/representative of God

- You are the light of the world. A town built on a hill cannot be hidden. (Matthew 5:14)
- You are no longer darkness, but light in my Son. Walk as children of light. (Ephesians 5:8).
- We are therefore Christ’s ambassadors, as though God were making His appeal through us. We implore you on Christ’s behalf: Be reconciled to God. (2 Corinthians 5:20)

I am filled with the Holy Spirit

- Do you not know that your bodies are temples of the Holy Spirit, who is in you, whom you have received from God? You are not your own. (1 Corinthians 6:19)
- The Spirit indwells me; therefore I am the temple of the living God. (2 Corinthians 6:16)
- What we have received is not the spirit of the world, but the Spirit who is from God, so that we may understand what God has freely given us. (1 Corinthians 2:12)

I am chosen

- You are a people holy to the Lord your God. Out of all the peoples on the face of the earth, the Lord has chosen you to be his treasured possession. (Deuteronomy 14:2)
- I took you from the ends of the earth, from its farthest corners I called you. I said, "You are my servant"; I have chosen you and have not rejected you. (Isaiah 41:9)
- In Him we were also chosen, having been predestined according to the plan of Him who works out everything in conformity with the purpose of His will. (Ephesians 1:11)
- Therefore, as God's chosen people, holy and dearly loved, clothe yourselves with compassion, kindness, humility, gentleness, and patience. (Colossians 3:12)

I am delighted in/rejoiced over

- The Lord your God is with you, the Mighty Warrior who saves. He will take great delight in you; in His love He will no longer rebuke you, but will rejoice over you with singing. (Zephaniah 3:17)

I am forgiven

- In Him we have redemption through his blood, the forgiveness of sins, in accordance with the riches of God's grace. (Ephesians 1:7)
- Therefore, my friends, I want you to know that through Jesus the forgiveness of sins is proclaimed to you. (Acts 13:38)
- If we confess our sins, He is faithful and just and will forgive us our sins and purify us from all unrighteousness. (1 John 1:9);
- "Come now, let us settle the matter," says the Lord. "Though your sins are like scarlet, they shall be as white as snow; though they are red as crimson, they shall be like wool." (Isaiah 1:18)

I am valuable

- Look at the birds of the air; they do not sow or reap or store away in barns, and yet your heavenly Father feeds them. Are you not much more valuable than they? (Matthew 6:26)

I am fearfully and wonderfully made

- I praise you because I am fearfully and wonderfully made; your works are wonderful, I know that full well. My frame was not hidden from you when I was made in the secret place, when I was woven together in the depths of the earth. (Psalm 139:14-15)

I am a new creation/changed/transformed

- Therefore, if anyone is in Christ, the new creation has come: The old has gone, the new is here! (2 Corinthians 5:17)
- Sin is no longer your master, for you died to sin and are now alive to me. (Romans 6:10-11)

I am righteous

- You are now righteous in my sight with the very righteousness of my perfect Son. (Romans 4:5)
- God made Him who had no sin to be sin for us, so that in Him we might become the righteousness of God. (2 Corinthians 5:21)

I am saved

- For everyone who calls on the name of the Lord will be saved. (Romans 10:13)
- For it is by grace you have been saved, through faith – and this is not from yourselves, it is the gift of God. (Ephesians 2:8)
- For it is with your heart that you believe and are justified, and it is with your mouth that you profess your faith and are saved. (Romans 10:10)

I am fulfilling a purpose

- For we are God's handiwork, created in Christ Jesus to do good works, which God prepared in advance for us to do. (Ephesians 2:10)
- But I have raised you up for this very purpose, that I might show you my power and that my name might be proclaimed in all the earth. (Exodus 9:16)
- My steps have been ordained and ordered by the Lord. (Psalm 37:23)
- You did not choose me, but I chose you and appointed you so that you might go and bear fruit—fruit that will last—and so that whatever you ask in my name the Father will give you. (John 15:16)

I am not forgotten/forsaken

- The Lord Himself goes before you and will be with you; he will never leave you nor forsake you. Do not be afraid; do not be discouraged. (Deuteronomy 31:8)

I am redeemed

- In Him we have redemption through His blood, the forgiveness of sins, in accordance with the riches of God's grace. (Ephesians 1:7)

I am bold/unafraid

- Be strong and courageous. Do not be afraid or terrified because of them, for the Lord your God goes with you; He will never leave you nor forsake you. (Deuteronomy 31:6)
- Since we have such a hope, we are very bold. (2 Corinthians 3:12)

I am adopted/an heir of God with Christ

- The Spirit you received does not make you slaves, so that you live in fear again; rather, the Spirit you received brought about your adoption to sonship. And by him we cry, “Abba, Father.” (Romans 8:15)
- Now if we are children, then we are heirs—heirs of God and co-heirs with Christ, if indeed we share in His sufferings in order that we may also share in His glory. (Romans 8:17)

I am free

- It is for freedom that Christ has set us free. Stand firm, then, and do not let yourselves be burdened again by a yoke of slavery. (Galatians 5:1)
- You are finally free from the slavery of sin and death. There is now no condemnation for you. (Romans 8:1–2)

I am secure

- For I am convinced that neither death nor life, neither angels nor demons, neither the present nor the future, nor any powers, neither height nor depth, nor anything else in all creation, will be able to separate us from the love of God that is in Christ Jesus our Lord. (Romans 8:39).
- “For I know the plans I have for you,” declares the Lord, “plans to prosper you and not to harm you, plans to give you hope and a future.” (Jeremiah 29:11)
- The Lord guards my going out and my coming in, today and forever. (Psalm 121:8)

I am holy

- But just as he who called you is holy, so be holy in all you do (1 Peter 1:15-16)
- But you are a chosen people, a royal priesthood, a holy nation, God’s special possession, that you may declare the praises of him who called you out of darkness into his wonderful light. (1 Peter 2:9)

I am strong/powerful/empowered

- I can do all this through him who gives me strength. (Philippians 4:13)
- Finally, be strong in the Lord and in his mighty power. (Eph. 6:10)
- For the Spirit God gave us does not make us timid, but gives us power, love, and self-discipline. (2 Timothy 1:7)

I am victorious

- But thanks be to God! He gives us the victory through our Lord Jesus Christ. (1 Corinthians 15:57)
- In all these things we are more than conquerors through Him who loved us. (Romans 8:37)
- The One who is in me is greater than he that is in the world. (1 John 4:4)

I am reconciled to God

- For if, while we were God's enemies, we were reconciled to Him through the death of His Son, how much more, having been reconciled, shall we be saved through His life! (Romans 5:10)

I am healed

- And if the Spirit of Him who raised Jesus from the dead is living in you, He who raised Christ from the dead will also give life to your mortal bodies because of His Spirit who lives in you. (Romans 8:11)
- He himself bore our sins in his body on the cross, so that we might die to sins and live for righteousness; by his wounds you have been healed. (1 Peter 2:24)

I am justified

- Therefore, since we have been justified through faith, we have peace with God through our Lord Jesus Christ. (Romans 5:1)
- But you were washed, you were sanctified, you were justified in the name of the Lord Jesus Christ and by the Spirit of our God. (1 Corinthians 6:11)

I am favored

- For the LORD God is a sun and shield; the LORD bestows favor and honor; no good thing does He withhold from those whose walk is blameless. (Psalms 84:11)

